



Dear Parents/Carers...

Monday is **World Mental Health Day**. So, this week we will be engaging in **well-being activities**, thinking about the impact of kindness and talking about our worries.

We will be making our own worry worms in class, a puppet we can share our worries with.



Ways you can help at home: Handwriting:

Handwriting rhymes, we will learn in phonics this week...



Down, up and over the helicopter



Down bear's back, up and round his big tummy.

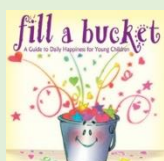
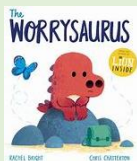


Down the flamingo's neck, all the way to its foot, then across its wings.



All the way down the lollipop.

Stories of the week:



Worrysaurus
Bucket Filler

and revisiting the Colour Monster.

This week we will be listening to many stories throughout the week to help children talk about their feelings and their worries. We will talk about who can help you if you are feeling worried.

Tapestry:

Don't forget to share their home learning and achievement at home with us on Tapestry.

Thank you
From the EYFS team



Ways you can help at home:

Phonics - Phonics learning this week. 10.10.22

A copy will be in their reading diaries every Friday, so children can continue to practise at home.

Little Wandle - Letters and Sounds Reception Phonics Home Learning

Phase 2 - Autumn 1 Phonics 5 10.10.2022
Focus - Phonemes h / b / f / l



Please support your child to practise and reinforce the phonemes and graphemes we are learning in school. More information and support can be found on the Little Wandle website - <https://www.littlewandlelettersandsounds.org.uk/resources-for-parents/>

Phonemes we will be focusing on this week in school -



Phonemisation Phoneme - h

Open your lips a little, put your teeth on your bottom lip and push the air out to make the sound **h h h**



Phonemisation Phoneme - b

Open your mouth a little, put your tongue up to the top of your mouth, behind your teeth, and press **b b b**



Phonemisation Phoneme - f

Open your lips a little, put your teeth on your bottom lip and push the air out to make the sound **f f f**



Phonemisation Phoneme - l

Open your mouth a little, put your tongue up to the top of your mouth, behind your teeth, and press **l l l**

We will be orally blending words. Can you hear the phonemes in these words? Can you listen and then repeat the word?

h - u - g b - e - d f - i - t
l - u - ck l - o - g h - a - t

We will be practising tricky words. Can you spot the tricky part of the word?

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